

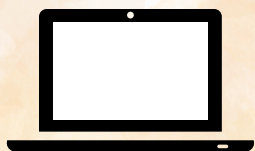
FERNWOOD OCTOBER '25

HELLO AUTUMN



LINA SPROULE
204-380-4462

MICHAEL OBVIAR
204-326-2002



steinbachhousing.com





Birds



Word list:

BLUEJAY
CARDINAL
CHICKADEE
CRANE
EAGLE
FALCON
FINCH

HAWK
HERON
HUMMINGBIRD
JAY
KESTREL
KINGFISHER
LARK

MOCKINGBIRD
NUTHATCH
OWL
PELICAN
PHEASANT
QUAIL
RAVEN

ROBIN
SPARROW
STARLING
SWALLOW
TURKEY
WOODPECKER
WREN



UPCOMING PROGRAMS

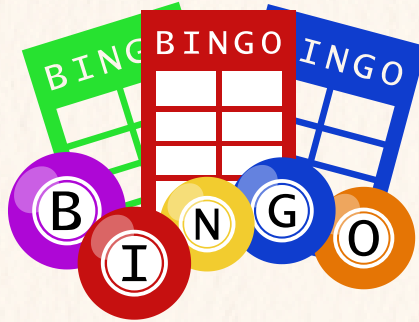
Exercise every
Monday,
Wednesday and
Friday in the
basement at
9:30 am



Kitchen and
Offices closed
on Monday,
Oct. 13th for
THANKSGIVING

Tuesdays Schedule

Chapel at 10 am,
Bible Study with John
at 10:30 am.
Everyone welcome.



Music with John Penner
on Tuesdays,
Oct 14th & Oct 28th at 7 pm
Everyone welcome.

Bingo at 2 pm

Grunthal Bakery
Thursday, Oct 9th
@ 10 am



Barkman Bake Sale
Thursday, Oct 23rd
@ 2 - 4:30 pm

Sing-along - Thursdays, Oct 2nd, Oct 16th, Oct 23rd & Oct 30th @ 10:30

Thursday, Oct 2nd @ 7pm - Sommerfeld Youth

Coffee time every
Thursday
@ 9:30 am

*Wednesday, Oct 1st 7:30pm & Sunday, Oct 19th
- VFCG Mitchell Youth*



*Thursday, Oct 9th @ 7pm -
Mitchell Sing along
Music Family-Singers Sunday,
Tuesday, Oct 21st @ 7pm*

UPCOMING PROGRAMS



LIBRARY

Book Mobile
Friday,
Oct 3rd,
@ 2pm



60s Music with
Joe Draude
Monday,
Oct 20th @ 2pm



Roger, from Chef in the
House will bring meal
orders on Oct 21st.



Thanksgiving Meal
Thursday, Oct 9th.
Please let the kitchen
know if you will be
attending by Oct 6th.

Pie and Coffee in
the MPR.
Monday, Oct 20th
@ 2pm
\$ 2 Sign-up
required.



Coffee Potluck
Friday, Oct 17th at 2 pm.
Everyone Welcome.
Bring your favourite Snacks.



Singing with Abe &
Tina Dyck
Thursday, Oct 23rd
@ 7 pm



SINGING GROUP
SATURDAY, OCT 25
@ 2 PM MPR
EVERYONE WELCOME!

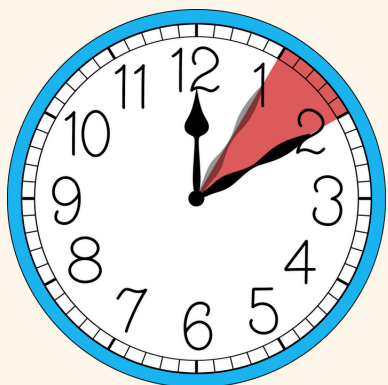


We are updating the Fernwood Photobook. Please come and get your picture taken.

Wednesday, Oct 15th and
Thursday, Oct 16th between
1 - 3 pm in the MPR.



*Marcia will be here selling
Perogies and other goods on
Wednesday, Oct 1st
between 10 am - 12 noon. MPR*



**Remember,
Nov 2, 2025
Daylight
Savings
Ends.**

Clocks are
turned
backward
1 hour.



**Communion
with Chaplain
John.**

Thursday,
Oct 16th
at 7 pm. In the
MPR
Everyone
Welcome!

**Dress-Up Party
with Amy.
Friday, Oct 31
@ 2pm MPR.**

Come for the
fun,
Coffee and
Snacks.



STEINBACH HOUSING INC. FIRE SAFETY PLAN

1. If you see SMOKE or FIRE, move away from it, to the other half of the same floor.
2. Pull the lever on the red fire box.
3. Call 9-1-1.
4. If the smoke or fire is not in your room, STAY IN YOUR APARTMENT. Your apartment is a fire rated area and you will be safe there. Place a wet towel against the bottom of your entry door.
5. Stay in your room and wait for instructions regarding evacuation procedures or when the incident is all clear.
6. If you must leave your room for safety, close the door behind you but do not lock it.
7. DO NOT USE the elevators
8. If you are in the basement, take the closest stairwell to the first floor and wait in the multi-purpose room for instruction.



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Come Before His Presence with Thanksgiving

O come, let us sing unto the LORD;
let us shout for joy to the Rock of our salvation.
Let us come before His presence with thanksgiving,
let us shout for joy unto Him with psalms.
For the LORD is a great God,
and a great King above all gods;
In whose hand are the depths of the earth;
the heights of the mountains are His also.
The sea is His, and He made it;
and His hands formed the dry land
O come, let us bow down and bend the knee;
let us kneel before the LORD our Maker;
For He is our God,
and we are the people of His pasture,
and the flock of His hand.

Psalm 95

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From our Family to Yours



From The Chaplain's Desk
October Devotional – A Season of Thanksgiving

"The land yields its harvest; God, our God, blesses us. May God bless us still, so that all the ends of the earth will fear him." Psalm 67:6-7 (NIV)

October is a time to reflect on the harvest—a season when fields, gardens, and orchards yield the fruits of months of labor. As we witness the abundance of crops, we are reminded of God's faithfulness in providing for His people. Every seed planted, every drop of rain, and every ray of sunshine has been guided by His sustaining hand.

This month, let us pause to give thanks not only for the harvest of our land but also for the blessings of living in this country, in this place God has given us. We thank Him for the soil beneath our feet, the food on our tables, and the communities that surround us.

But above all, we give thanks for the greatest gift of all—our salvation through Jesus Christ. Just as the harvest brings life and nourishment to our bodies, salvation brings eternal life to our souls. We did not earn it; it is God's grace freely given.

So as we gather around our tables and walk through fields golden with grain, may our hearts overflow with gratitude—both for the physical harvest and the spiritual harvest God has given through His Son.

Reflection: The harvest reminds us that we are not self-sufficient—every good thing comes from God. We may plant, water, and work hard, but it is God who brings the increase (1 Corinthians 3:7). This truth also applies to our spiritual lives. We cannot save ourselves; salvation is the work of God through Christ.

Take a moment this month to reflect:

- What blessings has God brought into your life this year—both big and small?
- Where do you see evidence of God's "harvest" in your own spiritual journey?

*A thankful heart sees God's hand in everything,
and gratitude deepens our trust in Him for tomorrow.*

Prayer: Heavenly Father, We thank You for the bounty of this season—for the crops that nourish us, for the beauty of the land, and for the blessings of living in the place where You have set us. We thank You most of all for the gift of salvation through Jesus Christ, which fills our lives with hope and joy. Help us to live with thankful hearts and to share Your blessings with others. May our gratitude bring glory to Your name. In the Holy Name of Jesus we pray,
Amen.

John Hildebrand, Chaplain. Fernwood Place and Linden Place
Ph. 204-326-2547 email: chaplainshi@gmail.com

Get your

SEASONAL FLU SHOT!

WHEN:

Monday, 20 October 2025
From 8:30am to 12:30pm

WHERE:

Fernwood
MPR



High Dose Influenza, Regular Dose
Influenza, COVID-19, and Pneumococcal
Vaccines Available!



With physicians from:



RuskMedical
Solutions Inc

Please fill out a consent form which is available at the TRC office.



OCTOBER 2025

FERNWOOD EVENTS



S	M	T	W	T	F	S
		Office Closed	1 9:30am Exercise Class 10am-12noon Perogy Sale 7:30pm VFCG Youth Group	2 9:30am Coffee Time 10:30am Sing Along 7:00pm Sommerfeld Youth	3 9:30am Exercise Class 2:00pm Book Mobile	4
5 10:00am Sunday Service Chaplain John	6 9:30am Exercise Class	7 10:00am Chapel 10:30am Bible Study 2:00pm Bingo	8 9:30am Exercise Class	9 10:00am Grunthal Bakery Thanksgiving Meal 7:00pm Mitchell Sing along	10 9:30am Exercise Class	11
12 10:00am Sunday Service Bill Kehler	13 9:30am Exercise Class  Office Closed	14 10:00am Chapel 10:30am Bible Study 2:00pm Bingo 7:00pm John Penner	15 9:30am Exercise Class 1:00-3:00pm Picture Day	16 9:30am Coffee Time 10:30am Sing Along 1:00-3:00pm Picture Day 7:00pm Communion	17 9:30am Exercise Class 2:00pm Coffee Potluck	18 9:30-11:30am Finger Weaving Workshop
19 10:00am Sunday Service Jake and Helen Harder 3:00pm VFCG Mitchell Youth	20 9:30am Exercise Class 2:00pm Joe Draude 2:00pm Pie & Coffee	21 10:00am Chapel 10:30am Bible Study 2:00pm Bingo 7:00pm Music Family Singers	22 9:30am Exercise Class 2:00pm Birthday Party	23 10:30am Sing Along 9:30am Coffee Time 2:00- 4:30pm Barkman Bake Sale 7:00pm Abe & Tina Dyck	24 9:30am Exercise Class	25 2:00pm Jesus is Lord Church Singing Group
26 10:00am Sunday Service Jerry Falk	27 9:30am Exercise Class	28 10:00am Chapel 10:30am Bible Study 2:00pm Bingo 7:00pm John Penner	29 2:00pm Bowling	30 10:30am Sing Along 9:30am Coffee Time	31 9:30am Exercise Class 2:00pm Dress-up Party	

*Enter his gates with thanksgiving, and his courts with praise!
Give thanks to him; bless is name! Psalms 100:4*