# FERNWOOD NEWS

# Steinbach Housing



KATHERINE BERGEN 204-380-4462 OR MICHAEL OBVIAR 2024-326-2002

### steinbachhousing.com



## MOTHER'S DAY AFTERNOON TEA/COFFEE

WEDNESDAY | MAY 10TH

 $\rightarrow$ 

 $\rightarrow \rightarrow$ 

 $\longrightarrow$ 

 $\prec \prec$ 

A selection of sandwiches, fruits,& a selection of sweet treats, tea and coffee

THERE IS NO COST FOR THE EVENT BUT SIGN UP IS REQUIRED. PLEASE KEEP YOUR EYES OUT FOR THE SIGN UP SHEET BY THE MAIN FLOOR ELEVATORS

# New Tenants

## 504

Reta & Ali Provencal

## 606

Gene Ambrose

Please clean up after yourself when using the Laundry Rooms and be mindful of staying within your scheduled time. Thank you!





welcome

Katherine will be taking requests for garden plots starting on May 5th at 8:30 am.

The Fernwood Library is looking for volunteers to shelf books on a casual basis. Please see Carol Minty in the Library or Katherine in the TRC office if you are interested

# May Birthdays

- 2 Helena Neufeld
- 9 Mary Koop
- 11 Edmond Boivin
- 11 Helen Doerksen
- 20 Ken Plett
- **20 Jeannette Bourcier**
- **20 Nettie Peters**
- **21 Alice Reimer**
- 28 Mary Loewen
- **31 Jacob Dyck**

MELISSA

# **Birthday Celebration**

Wednesday, May 24th at 2pm in the MPR. Sign up is required. Please sign up by Monday, May 22nd at 4pm by the

main floor elevators.

#### \$2 cupcake and coffee



There is no charge if your birthday is in May, but please sign up to make sure we reserve a cupcake for you!

# **Contact Information Update**

| BECKY | <u>Reflexology/</u><br><u>Massage</u>                             | REFLEXOLOGY<br>\$45.00/HALF HOUR<br>\$65.00 FOR 45 MINUTES  |
|-------|---|---|
|       | APPOINTMENTS CAN BE<br>MADE WITH BECKY BY<br>CALLING 204-392-8029 | PAIN MASSAGE<br>\$45.00/HALF HOUR<br>\$65.00 FOR 45 MINUTES |

#### HAVENCARE

CALL JOANNA AT 204-346-1501 FOR MORE INFORMATION OR TO SCHEDULE AN APPOINTMENT

A HAVENCARE COMPANION CAN HELP YOU WITH A VARIETY OF THINGS INCLUDING MEAL PREPARATION, ACCOMPANYING TO APPOINTMENTS, GROCERY SHOPPING, HOUSEKEEPING, AND COMPANIONSHIP.

# FERNWOOD ACTIVITIES

Zumba- Virtual Zumba Gold is a seated dance workout you can do from the comfort of your chair!

Barkman Bake Sale -Baked goods and preserves available for purchase in the MPR

Bible Study- Bible Study is in full swing every Friday at 10:30 am in the craft room, everyone is encouraged to join!

Coffee Time- Enjoy a coffee and visit with your neighbours to start your day, every Thursday

Jake Epp Library- Please return any books you have outstanding so you can sign out something new to enjoy!

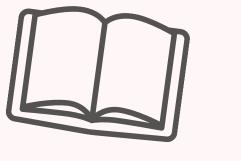
Coffee and Crafts- Bring down any craft/needle work you are working on and enjoy a cup of coffee with other crafters, or get creative with the supplies provided.- Craft Corner with CMS students: enjoy a visit and activity with our Middle school visitors!

Potluck Coffee- Bring a treat to share and enjoy a warm cup of coffee with great company and a variatey of treats

Bingo & Chapel- Every Tuesday!

Exercises- Every Monday, Wednesday, & Friday in the Library/Games room













Music

Sing-A-Long - Every Thursday at 9:30 am in the MPR

John Penner Music- May 9th & 23rd at 7pm in the MPR

Sommerfeld Singers- May 4th at 7pm

Mitchell Choir- May 18th at 6:30 pm

George Barkman Quartet-Date to be determined

Earl & Lisa Wiens Duet- May 26th at 2pm

Singing the Sixties with Joe Draude- May 31st at 2 pm