

DECEMBER 2020

FERNWOOD NEWS

Steinbach Housing

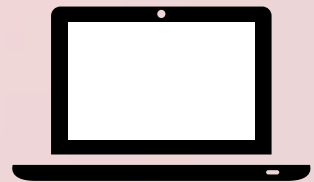


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Message from the CEO

Don't Forget Jesus

Christmas is a special time to reflect on Jesus Christ, the wonder of His lowly birth brings meaning to our lives. There really is no other reason, we celebrate this day, the birth of God's precious son and the life, He willingly gave. But so much seems to distract us in the busyness of our lives, we lose our focus in all the happenings, not knowing, we leave out Christ. We lose sight of the true meaning as we endlessly rush about, trying to find that perfect gift, seems to cloud our Saviour out.

We need to stop and reflect awhile, remembering our precious Lord, His birth, His life and sacrifice and all that He stands for. For though the world may celebrate, it seems, though, for other reasons, let's keep in mind that Jesus Christ is the true meaning of the season.

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May you and your family enjoy Jesus this Christmas while you continue to fix your eyes upon Him for the season ahead as, in hope, we anticipate the soon returning King, Jesus Christ our Lord.

Merry Christmas and a Blessed New Year.

David Driedger, CEO



Gifts

With Christmas coming up, please note that the staff are not allowed to receive gifts or gift cards, thank you for respecting our policy on this matter.



Health update

A few months ago, I gave a little update about my health situation. Since then, tenants and staff have asked me for any new information. Today, I want to share the latest news I have received. I recently met with my doctor to review a long-awaited report from the last specialist I have seen. The diagnosis was that I am suffering from ALS, also known as Lou Gehrig's Disease. At this point, there is no prognosis about timing or progress. I want to assure you again that I will be around as always and serve you as your chaplain as good as I can and as long as I am able. Thank you for your understanding and support.

Ron Babel, Chaplain



New Tenants

Maria Wiebe 521
Ben Andres 502
Lena Bueckert 431
Helga Froese 225
Deby Kehler 212
Laurie Chatel 610

December Birthdays

2 Jean Zaporzan
11 Ben Berg
15 Adelaide Freund
18 Henrietta Reimer
24 Harry Falk
24 Elvira Enns



I CALL MY HORSE MAYO AND SOMETIMES MAYO NEIGHS

FROSTY GETS CAUGHT PICKING HIS NOSE



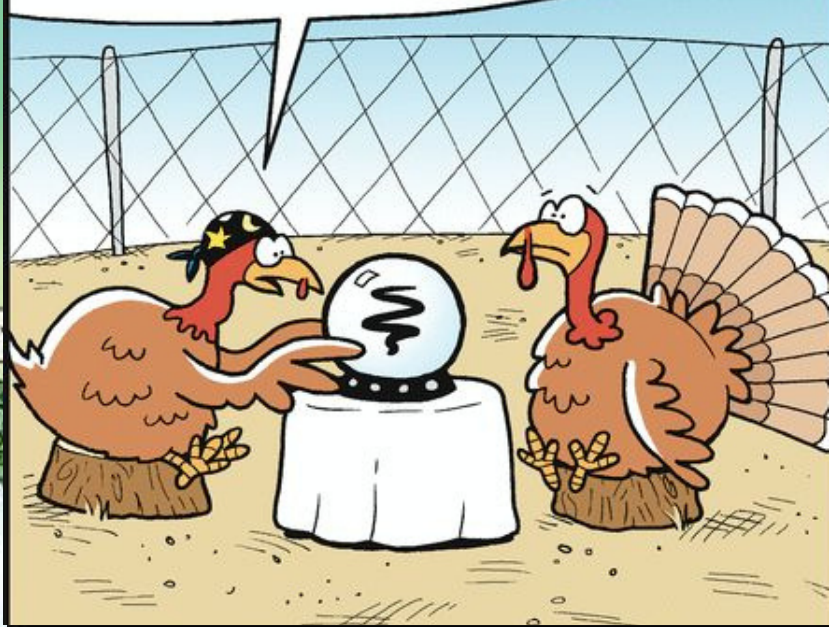
I CAN'T SAY I'M ENTIRELY PLEASED WITH MY HIP REPLACEMENT.



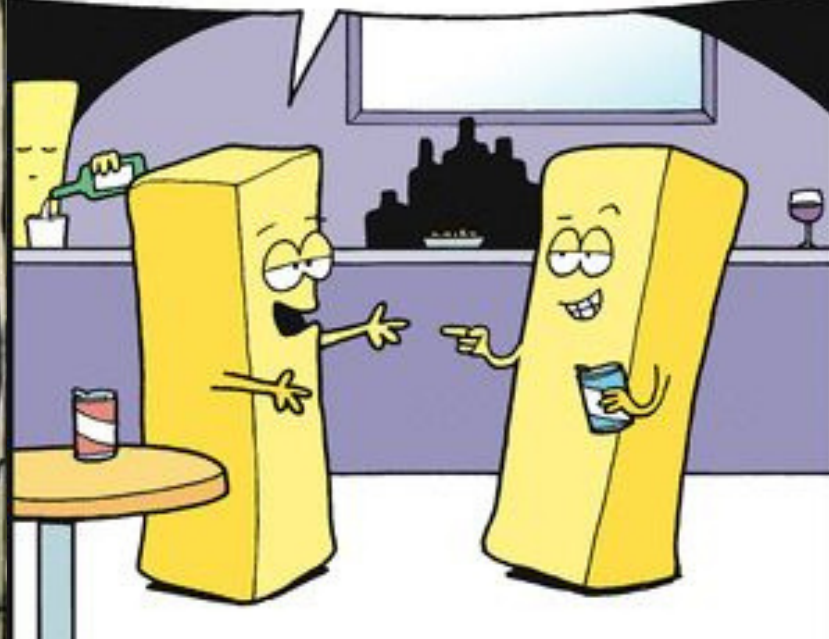
Have yourself a punny little Christmas!

from Eva & Janie

I SEE YOU SURROUNDED BY FAMILY... WELL, NOT YOUR FAMILY...



THERE HE IS! MY BUTTER FROM ANOTHER UDDER!





DECEMBER 2020

FERNWOOD MENU



S	M	T	W	T	F	S
		1 Apple Juice Roasted Chicken Bubbat Mashed Potatoes Peas & Carrots Keylime Squares	2 Chicken Noodle Soup White Bread Coconut Cream Pie	3 Tomato Juice Pork Cutlets O'Brien Potatoes Mixed Vegetables Sour Cream Coffee Cake	4 Cranberry Juice Taco Bake Rice Tossed Salad Dreamsicle Salad	5
6	7 Orange Juice Breakfast Omelet Hashbrowns Biscuit Bran Muffin	8 Iced Tea Chicken Drumsticks Mashed Potatoes Peas & Carrots Cheesecake	9 Kommest Borsht Brown Bread Fruit Crumble Bars w/ Ice Cream	10 Cranberry Juice Meatballs Mashed Potatoes Cucumber Salad Pecan Tarts	11 Apple Juice Chicken Burgers House Salad Cherry Cha Cha	12
13	14 Tomato Juice Sweet & Sour Breaded Pork Chops O'Brein Potatoes Mixed Veggies Banana Dessert	15 Apple Juice Lazy Cabbage Roll Casserole Garlic Bread Caesar Salad Layered Lemon Dessert	16 Taco Soup Buns Chocolate Pie	17 Juice Turkey & Ham Mashed Potatoes Stuffing Coleslaw Butterhorns Nanaimo bars	18 Cherry Juice Fish Rice Cranberry Tossed Salad Tapioca Pudding	19
20	21 Iced Tea Sweet & Sour Veal Rice Lettuce Salad Buttermilk Fruit Salad	22 Cranberry Juice Meatloaf Mashed Potatoes Carrots Cream Puff Dessert	23 Cream of Potato Soup Brown Bread Fruit Tarts	24 Orange Juice Ranch Chicken Mashed Potatoes Peas Pineapple Sunshine Cake	25 Kitchen Closed 	26
27	28 Cherry Juice Cottage Cheese Perogies Farmer Sausage Peas Strawberry Sauce Ice Cream Sandwich	29 Apple Juice Roasted Chicken Bubbat Mashed Potatoes Peas & Carrots Keylime Squares	30 Chicken Noodle Soup White Bread Coconut Cream Pie	31 Tomato Juice Pork Cutlets O'Brien Potatoes Mixed Vegetables New Years Cookies		

From the Chaplain's Desk

"In those days and at that time I will cause a righteous Branch to spring up for David, and he shall execute justice and righteousness in the land." (Jeremiah 33:14-15 ESV)

The Advent season celebrates the coming of the Christ child. The Latin word adventus means "coming" or "arrival." Churches all over the world celebrate this time leading to Christmas by lighting candles which represent Hope, Faith, Joy, and Peace, with the Christ Candle in the middle, representing Light.

Yet, this year is so different from all the other years. COVID-19 has interrupted our lives, and Christmas as we know it is uncertain at this time. So, Advent this year looks different as we all isolate in our homes with the telephone as our best communication tool to connect with our loved ones.

Today's scripture text takes us back to a dark time in the history of God's people. The city of Jerusalem was surrounded by the Babylonians and many people in a famine.

Jeremiah's message was one of repentance and God's judgment. Leaders and common folk alike ignored it. Jeremiah's message was that God has not forgotten his people and that He would send a Righteous Branch who shall execute justice and righteousness in the land. This promised branch was to spring from David. Jeremiah's prophecy didn't make sense in his days, but it became a promise the people would hold on to for generations to come.

Five hundred years later, when the promised Christ Jesus was born, nobody noticed because nobody was expecting it. Waiting for him, maybe, but not expecting. I am reminded of the Christmas hymn. "O little town of Bethlehem, how still we see thee lie! Above thy deep and dreamless sleep, the silent stars go by. Yet in the dark streets shineth the everlasting Light. The hopes and fears of all the years are met in thee tonight."

Christ was born in a time of uncertainty, a time when people felt the loss of control over their own lives. Christ was born when nobody expected it. We look forward to His return as He promised. Jesus said, "Be on guard, keep awake. For you do not know when the time will come" (Mark 13:33). So, we wait and keep awake as we celebrate Advent in a year out of the ordinary. The four devotions through December will be dedicated to the Advent season.

Ron Babel, Chaplain



DECEMBER 2020

ACTIVITY IDEAS



S	M	T	W	T	F	S
		1 Borrow a book from the Fernwood library.	2 Call a young friend or grandchild. Ask them what it's like to learn at home.	3 Try a new recipe with the ingredients you have.	4 Listen to Christmas music.	5 Make plans with family or friends when restrictions are lifted.
6 Write down a story from your life. Eg: how you fell in love, or a difficult season of life.	7 Organize a book shelf or a shelf in your closet.	8 Do a puzzle. There are plenty to borrow from the games room.	9 Mail a note of encouragement or a letter to an old friend, or to your pastor.	10 Call someone and tell them a joke.	11 Take a bubble bath if you can.	12 Give scrap booking a try.
13 Take some time to stretch. Do it sitting in a chair, or lying in bed.	14 Find positive stories in the news and share them with others.	15 Drink an extra glass of water with each meal.	16 Make a list of your favourite things. Consider sharing one of them by gifting it to someone else in the mail.	17 Watch a Christmas movie.	18 Look thru old photos. Attach a note of memory to them.	19 Sing a song. Remember a childhood favourite or song that impacted you at a specific time.
20 Write down 10 things you are grateful for.	21 Make some hot chocolate.	22 Try a new TV show.	23 Do chair exercises.	24 Read the Christmas story.	25 Call someone and wish them a Merry Christmas.	26 Go thru your suite with a box in hand and put items you no longer have use for in it. Donate it!
27 Write a letter to a child. They may have never received a letter in the mail.	28 Color a picture. Call Eva if you would like an adult colouring page.	29 Clean and organize a neglected kitchen cupboard.	30 Spend some time thinking about the past year and things you look forward to in 2021.	31 Set a New Year's resolution.		