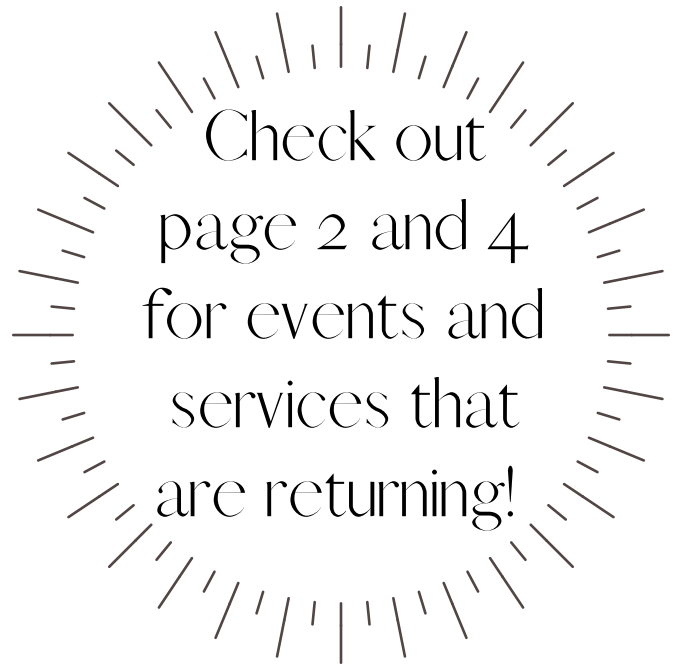


JUNE 2020

LINDEN PLACE NEWS

a great place to live



June Birthdays

June 6 - Susan Kornelsen

June 10 - Gertie Kroeker

June 25 - Anne Hiebert

June 27 - Nettie Klassen

June 28 - Enid Trim

Happy Birthday to everyone
celebrating a birthday this
month!



Happy
Birthday

Bingo is Returning!

Starting Tuesday, June 2 we can play Bingo again - COVID style!

Doors will open at 12:20pm. Playing will start at 12:30pm.

We'll play for 1 hour. Bring your own Bingo chips.

We'll sit 6 feet apart and play every Tuesday.



• FROM THE DESK OF •
the Chaplain

“And he arose and came to his father. But while he was still a long way off, his father saw him and felt compassion, and ran and embraced him and kissed him.” (Luke 15:20 ESV)

In June, we set aside one day to celebrate the fathers in our lives. Many of us approach Father's Day with mixed emotions and feelings. Some have a father who is available and interested in our lives; others have a distant, disinterested father, and others yet were abandoned by their father. And some have fathers who have died.

How do you remember your father? What do you cherish when you think of your husband raising your children? How is it watching your son or son-in-law fathering your grandchildren?

No matter how we see the fathers in our lives, the one thing we all have in common is our Heavenly Father. King David wrote in Psalm 27:10, "For my father and my mother have forsaken me, but the Lord will take me in." After his resurrection, Jesus said to Mary Magdalene, "I am ascending to my Father and your Father, my God and your God" (John 20:17).

Many think of the Heavenly Father the way they remember their relationship with their earthly father. For some, when their father was disengaged and passive, they might see God that way. For others, when their father was a loving, involved, and affirming dad, they might apply the same qualities to God.

But we should not view God as we see our earthly fathers, rather as the Bible presents Him. Not only tells the Bible us to address God as Father, but we are encouraged to do so in an intimate way. The apostle Paul wrote, "For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!"

The word "Abba" speaks of intimacy, the same way we call our earthly father, "daddy." The idea is that of an affectionate relationship. God is the Father who loves, cares, provides, and protects. He wants to be involved in your life. He is there for you, 24/7 – all the time. When you walk away from him, He will wait. And when you turn to Him, He will come running to embrace you and kiss you with tears in his eyes. He has compassion on you and will welcome you home. Jesus presents all these qualities of God in the parable of the Prodigal Son in Luke 15.

As you reflect on the fathers in your life, remember the love of your Heavenly Father, a love that cannot be matched by any father here on earth. God bless our fathers as they work hard for the wellbeing of their families.

Ron Babel, Chaplain



Hair Care & Foot Care Returning!

*Our Hairdresser will be back on Friday, June 5th. Call Janie to book an appointment.

*Foot Care services are allowed to return. Call Janie if you want help making an appointment.

Hallway Hymn Sing

Thursday, June 18 ~ 1 - 3 pm

Open up your door and join a hymn sing from your doorway!

(If it's nice outside we'll take it outside with our lawn chairs!)



Puzzles for Prizes!

We will continue to put TWO different puzzle pages in your tray each week. Return your completed pages to your tray by the following Monday and your name will go into a draw to win a free meal!





Laundry Reminder:

- *Please clean the washer and dryer and tidy the laundry room after each use.
- *Any large or very dirty items (like area rugs) should be laundered at the laundromat.

Ambulance Insurance

Are you worried about the cost of needing an ambulance? Affordable ambulance coverage plans are available from your local insurance company.

Call Janie for more information.



Library Users:

- *Please bring any books you wish to donate to Janie first so she can label them
- *Please remember to sign-out your books
- *There will be a short survey in the library, please fill that out and return it to Janie

Greetings from Friends:

- *Susan Giesbrecht, our Bible Study Leader, says a big Hello to everyone at Linden
- *The John Giesbrecht Family, our Saturday night instrumental group, brings warm greetings to all the tenants at Linden



joyful June 2020 Action Calendar



JOYFUL JUNE (EVEN IN DIFFICULT TIMES) 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Decide to look for what's good, even on the difficult days	2 Re-frame a worry and try to find a positive way to respond	3 Think of 3 things you're grateful for and write them down	4 Show your appreciation to those who are helping others	5 Smile and be friendly, even while you're social distancing	6 Notice the upsides during the lockdown, however small	7 Find a joyful way of being physically active (indoors or out)
8 Write a letter to thank someone for what they did	9 Find the joy in music today: sing, play, dance or listen	10 Take a photo of something that brings you joy and share it	11 Say positive things in your conversations with others today	12 Make a plan with friends to do something fun together	13 Appreciate the joy of nature and the beauty in the world around	14 Do three things to bring joy to other people today
15 Rediscover a fun childhood activity that you can enjoy today	16 Ask a loved one what they feel grateful for at the moment	17 Be kind to you. Treat yourself the way you would treat a friend	18 Send a positive note to a friend who needs encouragement	19 Create a list of favourite memories you feel grateful for	20 Make time to do something playful today, just for the fun of it	21 Enjoy trying a new recipe or cooking your favourite food
22 Share a happy memory with someone who means a lot to you	23 Look for something to be thankful for where you least expect it	24 Thank a friend for the joy they bring into your life	25 Eat food that makes you feel good and really savour it	26 See the upside in a difficult situation you learnt from	27 Watch something funny and enjoy how it feels to laugh	28 Create a playlist of your favourite songs and enjoy them
29 Take time to do something that makes you happy today	30 Make a list of the joys in your life (and keep adding to them)	 <p>"Every day may not be good, but there is something good in every day" ~ Alice Morse Earle</p>				



ACTION FOR HAPPINESS

www.actionforhappiness.org

30 actions to look after ourselves and each other as we face this global crisis together

Keep Calm - Stay Wise - Be Kind